



St Mary's C of E (Aided) Primary School



NEWSLETTER

**“A Christ-centred school with a child-centred curriculum through
wisdom and love”**



Telephone: 01798 872007

10th April 2020

Dear all,

Welcome to our third weekly newsletter and it seems strange to be writing during the Easter holidays. We hope you, your families and friends are doing well in these tricky circumstances, and we would like to extend our sympathies to anyone in our community who is suffering during these difficult times.

We know that there are a great many critical workers amongst our parents and carers, and, on behalf of the staff, I would like to thank you for looking after us all.

As we enter our third week of lockdown, and the first week of the Easter break, we have been fortunate that the sun is shining and we can get out into gardens.

There are some support websites to share with you that might be of help:

- YourSpace is a West Sussex site for young people covering a wide range of issues.
- Young Minds is a national charity supporting the mental well-being of young people. They have produced a separate page specifically for COVID-19 issues aimed at young people, and one for parents.
- Creative Education have produced free online courses for finding and maintaining a sense of calm and control during the pandemic.
- The Children's Commissioner's Office has released a children's guide to the coronavirus, which answers key questions young people may have.

Please be aware also that I will continue to monitor our head@stmarysprimarypulborough.co.uk email address during the holidays.

Do continue to look at Joe Wicks as he is continuing his daily PE lessons throughout the holidays, but if you would like a change, then try 'DownDog' who have made all of their yoga and high intensity interval training courses are free. All of these activities can safely be done at home and require no previous training.

Sumdog link - Sumdog is currently free so please use this as a way you're your child to practise their Maths.

<http://schools.tecl.co.uk/educationcompany6lz/lz.aspx?p1=MjcDU1NjAyNTMzUzZM1NDE6MERGNTg5MTdEQkJO Tk3MjQ2NkFGN0M3QjU3QUQ3MTc%3d-&CC=&w=6652>

NHS Rainbow pictures - Thank you to all of you that have sent me emails with photos of your picture supporting the NHS. There have been a few Thursday evenings where I have been out walking and heard the cheers and what an emotional moment this is. What an amazing job the NHS and other key workers are doing for all of us. The colouring sheet came out on an email, if you would like one then please contact us directly.

Easter Eggstravaganza – We have had our first few photos on our Facebook page and there are some at the end of this newsletter, please send us more as it really does help us all to see what the children are getting up to. Please send to head@stmarysprimarypulborough.co.uk

Learning – The learning pages come back into action on Monday 20th April and then there will be new learning with each class starting a new theme.

Easter audio link – Some of the children who are attending St Mary's have recorded some of the children's favourite songs that we sing around this time of year. We sent a copy to some of our local nursing homes to try and add some cheer and if you would like to listen please find it on our website.

Foodbank – At this difficult time, we are aware that parents may not be able to afford food and this worries us enormously. If you are concerned/worried about food in your household then email head@stmarysprimarypulborough.co.uk and we will be able to put you in contact with the food bank providers – we can't supply food ourselves but we can connect you with the people that can help.

EAL – English as an Additional Language – See poster attached.

Reaching Families – Reaching Families are a charity that supports families of children and young people with additional needs and disabilities. They are offering services so please see below.
<https://www.reachingfamilies.org.uk/stayconnected.html>

Learning – If you are finding issues with log ons or the learning, please email the teachers at their class email addresses. When you send, an email please put something into the subject box as many emails are going into our spam box. If you are not getting a reply then email me at head@stmarysprimarypulborough.co.uk. If your child has an interest in something, explore this with them.

Reading – Ms Frances is on YouTube reading Harry Potter and the The Philosopher's Stone – do check in, and listen as listening to a familiar voice may be reassuring at this time. <https://youtu.be/8VcpoWd7Y0>

Father Paul's note – 'Together we can do it'. This is the message that I have seen in a local supermarket as we are all adjusting to life in 'lockdown'. It is of course the right thing to be promoting, as we seek to get through these very difficult times to some kind of normality. During my daily exercise, I have been walking around the village and have been so impressed by how the community here in Pulborough has heeded the government's directives to stay at home. This is especially impressive considering how many children live in this area.

As a governor of the school, I have great admiration for how Mrs Copus and the staff team manage what is expected of them, especially when the pressure is on. The present crisis is no exception to that. Children of key workers are being well looked after by a rota of staff, to ensure that those who are working so tirelessly on our behalf are able to concentrate on their essential work.

As is the case for many of us, normal working for me is very difficult at present, as face-to-face contact is not possible, except in emergencies and the church building must be shut! At Easter this is close to heart-breaking but needs must to help protect us all. The telephone and emails are the current form of communication for me and I would be pleased to hear from anyone who needs a chat or has a prayer request. However, the church, i.e. the people of God are still praying for you and with you. I still offer prayer and worship for our wonderful community although not in our beautiful sacred building.

1. For Christians, Easter is a time to look forward with hope, despite the trials of the present time. We should hope to see the present troubles in the context of a larger picture, much of which we cannot really comprehend or make sense of. This is a great test of faith, as we hold on to the Easter message that love triumphs and God can work through even the darkest of times.
2. Happy Easter to you all.

Clean Up and Create – South Downs competition – It is wonderful to still be able to help in these difficult times and I know that parents are looking for things to occupy your children so please see this link for full details. **Full details:** <https://www.southdownstrust.org.uk/clean-up>

ELSA bits – Anxiety workbook – We have been sent an anxiety workbook by our advisory team – if your child is suffering with anxiety over this change in situation or suffers with anxiety in general you may want to do this workbook with them whilst you have some time. You can find it on our website under Parents and then Lockdown Resources.

At this difficult time, please follow Government advice and stay safe and enjoy the Bank Holiday weekend at home. We are thinking of you all and we are looking forward to being back together in the future. If there is anything that you would like me to discuss in the newsletters over the next few weeks, please email me at head@stmarysprimarypulborough.co.uk

Mrs S Copus
Headteacher



Educational Resources for parents to access when schools are closed

Section One - for EAL learners:

- a) **The British Council learn English Kids** - designed for parents to use with their children to support them learning English: <https://learnenglishkids.britishcouncil.org/>
- b) **The British Council Learn English teens:** <https://learnenglishteens.britishcouncil.org/>
- c) There is also **British Council ESOL site for adults** learning English: <https://esol.britishcouncil.org/>
- d) **Racing to English Picture Dictionary** - useful to have in school and to send home for parents to discuss the vocabulary with Pietro in Portuguese and English: <http://www.racingtoenglish.moonfruit.com/other-free-downloads/4545216728>
- e) **Skills Workshop**, ESOL materials (functional skills and skills for life): <https://www.skillsworkshop.org/esol>
- f) **For stories to read in L1:**
 - i/ Real world stories: <https://worldstories.org.uk/>
 - ii/ International digital children's library: <http://en.childrenslibrary.org/>
- g) **Story readings in English daily online**, Oliver Jeffers - for parents who may feel less confident reading in English to their children: https://www.instagram.com/oliverjeffers/?hl=en&fbclid=IwAR3b1Dd0QevdJHwM_TOBaHDpSyUMMSEn8QUKbfGwZAU17yESMzd6VArPeM
- h) **Writing activities to use with older EAL learners:** <https://ealjournal.org/2020/03/24/home-writing-tasks-during-school-closures/>
- i) The Bell Foundation website has **advice for parents** that can be translated into over one hundred languages (select language tab on top right of page): <https://ealresources.bell-foundation.org.uk/parents>

For more resources, see EAL Journal:

<https://ealjournal.org/2020/03/20/resources-for-eal-learners-during-school-closures/>

Section Two - for all learners:

A) TWINKL: Register for free access for one month. 'School closure home learning packs for: EYFS, Year 1 - 6, secondary, SEND pupils.

There are also maths and science activities, plus a link to the parent's area:

<https://www.twinkl.co.uk/blog/how-to-utilise-twinkl-during-the-coronavirus-shutdown-a-guide-for-schools?fbclid=IwAR3A90-4a9kAbkXSnhmhFXUoWKK0FY5SCG-fn2WMWuIxXY7lnA0nQycnxDc>

B) CLICKER: free access to schools and children at home during the Coronavirus ID-19) crisis for: Clicker 8 (works on iPad, Chromebook, Windows & Mac) and

DocsPlus (for secondary students - works on Chromebook, Windows & Mac):

<https://www.cricksoft.com/uk/clicker/clicker-at-home>

C) NESSY: free to schools that have been closed due to Coronavirus (COVID-19)

"The structured language programs guide the instruction of phonics, reading, spelling and writing to children aged 5-12 years." Teachers may monitor student progress remotely. Email:

virtualschool@nessy.com with your secret word and the number of additional licences required."

D) OXFORD OWL: Reading scheme used in many schools. The website has ebooks, plus practical reading & maths activities: <https://www.oxfordowl.co.uk/>

E) TEACH YOUR MONSTER TO READ: phonics. Parents can register and work through reading activities: <https://www.teachyourmonstertoread.com/>

F) BBC BITESIZE:

KS1: <https://www.bbc.co.uk/bitesize/levels/z3q4d2p>

KS2: <https://www.bbc.co.uk/bitesize/levels/zbr9wmn>

KS3: <https://www.bbc.co.uk/bitesize/levels/z4kw2hv>

GCSE: <https://www.bbc.co.uk/bitesize/levels/z98jmp3>

G) NATIONAL NUMERACY - offering a free pack of 28 activities for children aged 4-11:

<https://www.nationalnumeracy.org.uk/news/free-family-maths-activities-children-aged-4-11-0>

H) HUNGRY LITTLE MINDS, fun activities for **0-5 years**

<https://hungrylittleminds.campaign.gov.uk/>

I) ALL KEY STAGES, FREE RESOURCES:

***TOPMARKS** - Free online maths games for EY and primary aged children:

<https://www.topmarks.co.uk/>

***PRIMARY RESOURCES** - free worksheets for all subjects for primary aged children

<http://www.primaryresources.co.uk/>

***WHAT TO LEARN** - free online quizzes for learning and revision (all subjects):

<http://www.what2learn.com/>

***ARCADEMIES** - free online learning games: <https://www.arcademics.com/>

***KHANA ACADEMY** - American site, free video lessons, mainly maths but some science, computing, and history: <https://www.khanacademy.org/>

***CREATIVE BUG** - free trial for craft classes and lessons:

<https://www.creativebug.com/>

***SIRLINKALO** - spelling app, free trial:

<https://www.sirlinkalot.org/>

***HAMILTON TRUST** - activities and worksheets for Primary and struggling KS3 pupils. English, Maths, Science, Topic plus some 'learning at home' packs: https://www.hamilton-trust.org.uk/?gclid=EAIaIQobChMIInIfVyvO74wIVCLLtCh3cdAHpEAAYASAAEgJ0qfD_BwE

***BRAINPOP** - ALL KEY STAGES, home learning, cross curricular games, animated movies and activities, American: <https://www.brainpop.com/>

***GOOGLE ARTS AND CULTURE** - virtual tours of museums and art galleries:

<https://artsandculture.google.com>

***TYNKER** - introduces children to coding, free access to certain courses:

<https://www.tynker.com/>

J) KEY STAGE 3 and 4:

***Education quizzes** - free online quizzes for learning and revision:

<https://www.educationquizzes.com/>

***Teachit maths** - free worksheets, or subscribe to access more:

<https://www.teachitmaths.co.uk/>

***Crash Course** YouTube Educational Channel - all subjects (American):

<https://www.youtube.com/user/crashcourse>

***TedEd** - educational videos, all subjects: <https://www.youtube.com/user/TEDEducation>

***Echo Education** - structured learning, lesson planning and knowledge to guide student through iGCSE and Key Stage 3 curriculum: <https://www.echo.education/>

'Music on the Menu'

Hello schools, parents and carers

Welcome to our third edition of **Music on the Menu**. We hope you are enjoying exploring our ideas. Here are some more ideas for how to include and enjoy high quality music experiences with your children/young people each day. Once again, these ideas are suitable for primary school, secondary school and home settings, so please do pass the information on to your parents and carers.



LISTENING

Why not start the day by listening to beautiful music?
Here is a piece of classical music that will help to calm and focus the mind.

Movement 2 (Adagio assai) from Piano concerto in G major

(Composer - Maurice Ravel)

<https://www.youtube.com/watch?v=W1hyEjZros8>



SINGING/ COMPOSITION

For a great selection of pulse & rhythm and pitch & singing activities, please visit <http://www.westsussexmusic.co.uk>.

- Click on Staff Zone
- Click on School Zone
Username: Schools
Password: SchoolsAccess1
- Go to 'Pulse and Rhythm' folder
- Go to 'Pitch and Singing' folder

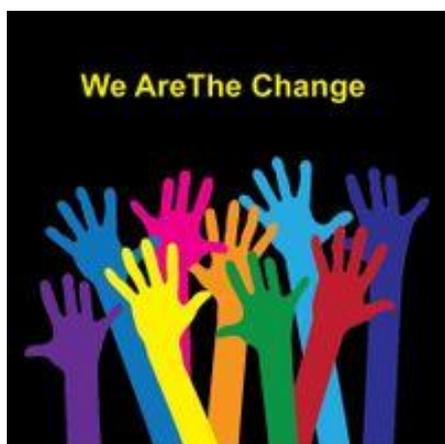
Friday Afternoons



Friday Afternoons is about encouraging young people to sing. Newly composed songs and support materials aim to help teachers develop their students' skills – as performers, listeners and composers. The high-quality vocal music is written for a variety of abilities from primary right through to youth choirs and secondary schools and includes signed videos and Braille scores. All resources are available on the website for FREE.

To register, please visit <https://www.fridayafternoonsmusic.co.uk/>

Suggestion: As Easter weekend approaches, have a look at the song '**Cuckoo**' by Benjamin Britten. You will find all the resources you need to support the teaching and learning of this song on the website, as well as an insight into the composer himself.



Voices Around the World will launch a new remote learning music project on Tuesday 14 April in partnership with pop legend Howard Jones.

The project contains two songs: '*We Are The Change*' and '*With This Hope In My Heart.*' We are sure young people will really enjoy learning these uplifting songs from home.

To find out more and register to be part of the new project, please visit <https://voicesaround.com/register-to-join-our-new-project>.



- 1) **Sing Up** now has a Home Schooling Area for ages 4 – 16 years and has a selection of downloadable songs, exercises and videos to keep young people learning. Check it out at <http://bit.ly/SUhome-school>.
- 2) **Become a Sing Up Friend:** Complete the registration form to create a FREE Sing Up Friend account <https://www.singup.org/registration/join/stage-1-friend> and discover some great resources to share with your children.
- 3) **If you are already a Sing Up member**, you can visit <https://www.singup.org/home-schooling> for ideas.

ONLINE CHORAL SINGING

1) The Great British Home Chorus

British choirmaster, composer and TV presenter, **Gareth Malone**, has launched an 'at home' digital choir to boost the nation's morale during coronavirus self-isolation.

'The Great British Home Chorus', has been designed to bring together both amateur and professional performers around the UK by encouraging them to sing with others online at no cost.

To find out more and sign up, visit <https://decca.com/greatbritishhomechorus/>

2) Self-Isolation Choir – The Messiah At Home (in association with ChoraLine)

This choir has been formed by choral singers, for choral singers, to allow those who would normally be attending rehearsals and concerts to continue to sing! The Messiah has been chosen in conjunction with ChoraLine because at Easter time, this is the most performed work across the UK and the rest of the world.

You will enjoy weekly live rehearsals for an hour with the Choral Director on a YouTube Channel and be part of the Choir as you sing the entire work in concert on Sunday 31st May, supported by an orchestra and soloists recorded from home especially for this occasion. Once you have joined the Choir, you will be sent detailed joining instructions by email.

To join Self-Isolation Choir, please visit <https://www.theseisolationchoir.com/>



LISTENING AND APPRAISING

You'll find a wide range of music to listen to on our website in Schools Zone/Listening.

As well as this, how about dipping into **BBC Ten Pieces?**

Ten Pieces aims to open up the world of classical music to 7-14 year olds across the UK and inspire them to develop their own creative responses to the music.

Free teaching resources for Ten Pieces I, II and III are all available, including new resources for Key Stage 1.

You can work with as many pieces as you like, and as Ten Pieces is a flexible project, you can use the resources to fit in with your own timetable of learning.

Suggestion: Take a look at ***Symphony No. 1 in E minor (3rd mvt)*** by **Florence Price** <https://www.bbc.co.uk/teach/ten-pieces/classical-music-florence-price-symphony-no1/z48rscw>

Florence Price was a 'trailblazer' because as an African-American woman, she combined the traditions of classical music with the sound of spirituals and West African rhythms and dance from her own culture. In 1933 she overcame prejudice to become the first black female composer to have her work performed by a major orchestra.

CLASSICAL MUSIC, OPERA AND MUSICALS TO STREAM AT HOME

With concert halls and opera houses closed due to coronavirus, organisations and musicians across the world are live-streaming concerts from their homes, or from empty halls, and opening up their digital archives so that everyone can still access their music. To select a concert to enjoy, please visit: <https://www.theguardian.com/music/2020/mar/23/opera-and-classical-your-home-watching-guide-critics-picks>



THE SHOWS MUST GO ON

Stream **Jesus Christ Superstar** this Friday at 7pm BST on **The Shows Must Go On** YouTube channel! It will be available for 48 hours, so you can tune in whenever you like over the weekend! Subscribe now and watch some of the best loved Andrew Lloyd Webber musicals FREE for the next seven weeks.

Follow link:

https://www.youtube.com/channel/UCdmPjhKMaXNNeCr1FjuMvag?sub_confirmation=1

LET'S GET ACTIVE!

Ollie Tunmer (Beat Goes On) is running daily body percussion sessions at 11 am.
To find out more and catch up with his sessions, please visit:

https://www.youtube.com/user/OllieTunmer?fbclid=IwAR1rYsh_AuZ8-i72UdeS7B1NncukhxMnBg56vDSqF2ZbFgv9Xfkr4avfzg



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Environmental communications through green arts. Find out more at:

www.southdownstrust.org.uk/clean-up



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ART COMPETITION

CLEAN UP AND CREATE

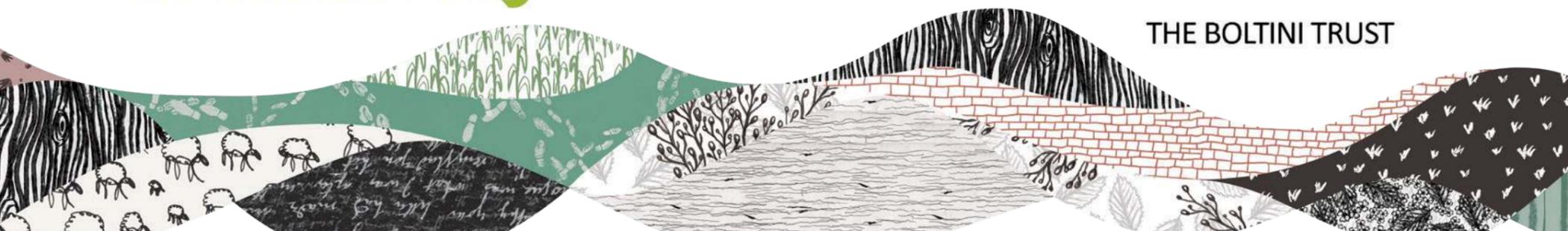
16 PRIZES OF £150 TO BE WON



SOUTH DOWNS NATIONAL PARK TRUST



THE BOLTINI TRUST



Creative and thought provoking eco art and posters to help clean up our World!



Supported by the Boltini Trust

76
PRIZES OF
£150 TO BE
WON

ART COMPETITION

CLEAN UP AND CREATE



Find out more at:
southdownstrust.org.uk/clean-up



SOUTH DOWNS
NATIONAL PARK TRUST



THE BOLTINI TRUST

