



NEWSLETTER

"A Christ-centred school with a child-centred curriculum through wisdom and love"

Telephone: 01798 872007

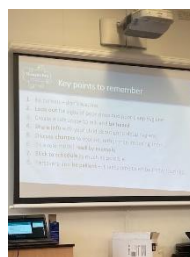
WB 22nd January 2024

Thank you so much for working with the school on attendance and punctuality. It has made such a difference to a quick start to all lessons this week. Please keep it up – hopefully the warmer weather will help to improve this even further. Your support is gratefully received.

Sleep workshop – Thank you to ‘Thought-Full’ who came and spoke to parents about sleep.

Some top tips were:

- 1) Gaming activates your brain, no matter how ‘relaxing’ you may find it. A warm, comfy bed that is only used to sleep is the way forward.
- 2) Regular exercise – make sure you do some form of exercise every day.
- 3) Reducing background noise and distractions – have some Post-its to write down anything that is keeping you awake.
- 4) Your body has a ‘clock’ – work to it and not against it. Keep a routine and wake up at the same time, even if it is a weekend. Children should be getting **around** 10 hours sleep each night.
- 5) Avoid caffeine and sugar – go with warm milk before bed
- 6) Retrain your brain – no napping and only sleep in bed – avoid children using their bed for anything else other than sleep.



We are running another parent session on Monday 22nd April from 2.00 – 3.15pm. The topic will be ‘Helping your child manage their emotions’.

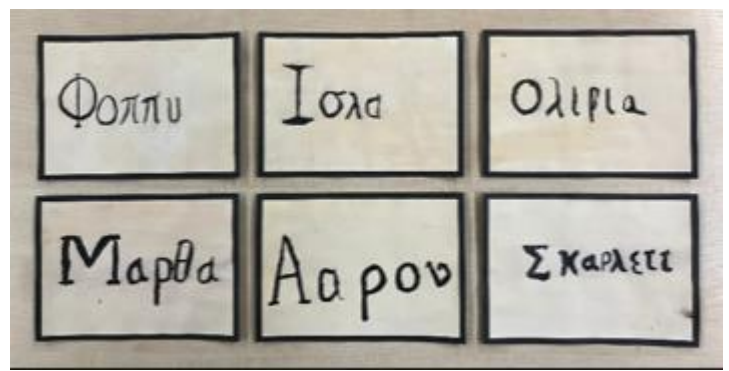
Early Birds and Roosters – We have been asked to look at extending the sessions for before school and after school provision (Friday afternoons). In order to do this we need to understand the need that parents have for an earlier start (7.30am) and for Friday afternoon provision. If you would use this, please register your interest at office@stmarysprimarypulborough.co.uk



Learning – Drama – One of our targets on our School Improvement Plan is about enriching children’s language skills. We welcomed Miranda from Perform into school today who ran drama workshops based on the ‘Wonderful Wild West’ for our younger children. We look forward to welcoming her back next week to work with our older children on ‘Killa Queen’. There is an exciting competition for all of the children to enter too – details below.

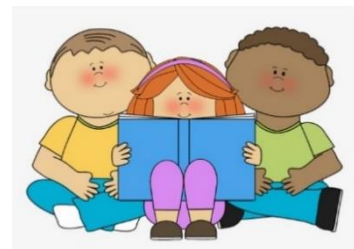


Learning – Greek – Following on from Greek Day, the children in Year 5 and 6 have been practicing the Greek alphabet by writing out their names. Look at their final products!



Reflection – [Service part 2! \(youtube.com\)](https://www.youtube.com/watch?v=...)

Accelerated Reader – As part of our drive to encourage children to move forward with their reading, we have inaugurated a Key Stage 2 Accelerated Reader raffle. When the children finish a book in their reading range, they can take an Accelerated Reader quiz. If they score 100% in the quiz, their name will be written on a raffle ticket and then entered in to a half termly draw to win a prize. We will let you know before February half term who our first winners are. Please be aware that the children can log on to Accelerated Reader at home to access these quizzes at weekends and during the holidays, not just during school time.



Celebration assemblies - Spring term – These will start at 9am.

- Thur 1st Feb – SA
- Thur 8th Feb – Mexico (large hall) USA (small hall)
- Thur 22nd Feb – Jap
- Thur 29th Feb – UK (small hall) SL (Large hall)
- Thur 7th Mar – NZ
- Thur 14th Mar – Ireland
- Thur 21st Mar – India



Vine leaves – **Elena S (UK)** for kindness as she was so inviting to someone who wasn't sure who to sit with. **Ivy R (UK)** for her creativity as she pushes herself with all her learning and we have seen such progress. **Aurelio A (Ita)** for truthfulness as he was struggling with multiplication, but rather than struggling alone, he admitted he was finding it tricky so he could get some help. **Zara K (Ita)** for creativity as she created a beautiful sculpture of the polar regions for her homework- well done. **Roman R (Ita)** for perseverance which has been evident in some tricky English challenges this week! **Vinnie (NZ)** for friendship as he has taken a friend in need under his wing. **Ella C (USA), Victoria (USA)** and **Lucy (USA)** for coming in every day and helping set up the classroom for learning – this really is service. **Fred M (Ire)** for peace as Fred has worked really hard over the last few weeks to be a good friend. Well done Fred! **Ryan** and **Ben G (Ind)** for showing service and humility. They ALWAYS tidy the classroom without being asked. Super stars ✨ **Amelia (Tha)** for creativity as she listens to the teachers and pushes herself to improve more and more. **Violet (Ind)** for showing love, friendship and humility by always checking in on class mates and comforting anyone who is upset or hurt. **Minnie-Mae (SA)** for creativity: you worked patiently to create an exemplary design for your Greek vase this week - you are such a talented artist! **Spencer (SA)** for persevering with your maths learning on multiplying fractions, even though you found this tricky at first. **Scarlett (Mex)** for creativity as you have great ideas in your learning. **Rex E (Mex)** for humility as you put others before yourself and look out for others all the time. **Josh H (Mex)** for compassion as you always step in to solve other people's worries – well done!



Dates for your diary – SPRING TERM

- **Tues 30th Jan** – Year 4 - Horsham Museum visiting and Egyptian costume day
- **Friday 2nd Feb** – PTA Quiz Night
- **Tue 6th Feb** – KS2 SATs meeting for parents 3.30pm
- **Mon 12th Feb** – Fri 16th Feb – HALF TERM
- **Tue 20th Feb** – Film Night for Y5 and Y6 – more details to follow
- **Tue 27th and Wed 28th Feb** – EYFS medical checks
- **Thur 7th Mar** – World Book Day – Come to school in costume as a book character
- **Tue 19th and Thur 21st Mar** – Parents Evening 3.30 – 6pm – these will be back in school with a book look at the same time, so please be aware of this.
- **Tue 26th Mar** – Easter Play Y3/Y4 – Perform to parents
- **Thur 28th Mar** – Last Day of term – Easter Eggstravaganza and Easter Eucharist (Easter bonnet competition)

Achievements



Alfie C (Ind) – achieved Level 5 in trampolining – congratulations!



Archie-Deane (SL) – scored 2 goals, 2 assists and received the Player of the Match award at football – well done!



Edwards S (Ind) – moved up to Stage 3 in swimming



Olivia L (Jap) – passed her Stage 1 in music

Win a FREE term at Perform Storrington!

Perform are offering TWO St Mary's pupils the chance to win a term of classes for ages 4-7s and 7-12s for FREE!

To be entered into the prize draw, please email samlove@perform.org.uk with :

- Your name and contact telephone number
- Child's name and year group

Closing dates for entrants is 5th February 2024

perform.org.uk/try



PERFORM[®]

WATCH YOUR CHILD SHINE



St Mary's Church, Pulborough

Sunday 28th January 2024



Let's Celebrate!

Candlemas

An Open, Informal Service for All Ages.

*You are invited to join us for tea and
cake before our service starts.*



3.30pm - Tea and Cake

4pm – Let's Celebrate





Pulborough Pop-In



Parents/carers are welcome to come and join us in a relaxed and safe environment to chat about anything and everything!

Make friends, learn about the community, the schools, things to do in and around the area for families, natter about work and where to go on holiday!

Tea, coffee and biscuits available.
Pre-schoolers are welcome.



WHEN AND WHERE?

Every Wednesday (during term-time)

From 9am - 11am

@ Pulborough Library

£1 suggested donation

For more information, please contact
Isla Moran 075 226 89948
isla@pdcca.org.uk

