



NEWSLETTER

“A Christ-centred school with a child-centred curriculum”

Humility, service and forgiveness

Telephone: 01798 872007

1st March 2019

Christian Values – Our values for next half term are compassion, wisdom, justice and peace.

MOMO Information: We have been made aware of a media story regarding an online game targeting children called 'Momo'. There are some reports which state that the story is a hoax (see BBC news report here: <https://www.bbc.co.uk/news/uk-northern-ireland-47359623>) but we have also attached a guide for parents and carers with more information here: <https://nationalonlinesafety.com/resources/platform-guides/momo-online-safety-guide-for-parents/>.

We would always advise parents and carers to be aware of what their children are accessing online and to discuss these issues together.

Rocksteady concert date – We are looking forward to the Rock Steady concert on Monday 1st April at 9am. The children have worked so hard in their music lessons and it is great to share their musical talent with the rest of the school.

Little Explorers – This week our focus has been colour. We have enjoyed ice painting, sensory play using salt and mark making tools to find the hidden colours and a fantastic experiment using milk, liquid soap, food colouring and cotton buds! Outside we have enjoyed the lovely sunshine and have played games, hoopla hooped, enjoyed leaf rubbing and made pretend meals in the mud kitchen

Pulborough Garden Society Spring Flower Show: - We love to encourage the children to participate in village events. The Pulborough Garden Society spring Flower show is on Sat 6th April 2019 please see attached the Children's entries and the entry form.

Grounds working Party – We have a Grounds Working Party planned for Saturday 9th March between 10 – 12noon. I have only had one reply and there are lots of jobs that need to be done to make our school look fantastic. Please reply if you can give up a few hours of your time.

Forest School Parachute Rope: The Forest School team would like to thank Amy Hayes (Mother of Toby in U.K.) and her Dad, Tim Bishop, for organising the purchase of the new parachute rope, which holds our parachute over the fire and needed replacing. We would also like to thank Dan Verbeeten at P&J Contractors for sponsoring the purchase.

Our thanks also go to Nic Church (Father of Olivia in Thailand) who erected the rope – not an easy task! Also Mrs. Tiller who directed!



Vine leaves – William Green has been awarded a vine leaf for perseverance. William has put so much effort into his maths this week with column subtraction. Well done.

Fairtrade assembly - We launched Fairtrade Fortnight with a whole school assembly on Monday. The theme this year is cocoa! The Fairtrade prefects organised a drama titled 'Choc to the Future,' in which a group of children and their teacher use time travel to investigate what would happen if chocolate became completely unsustainable in the future. We looked at some examples of Fairtrade food products and shared the Parable of the Sower. The children reflected on the meaning of the seeds falling on the stony ground and the rich, fertile soil, and shared their ideas about where they would want their seeds to fall.

In class, the children have been learning more about the work and aims of Fairtrade and the journey of chocolate from cocoa pod to supermarket, focusing on the importance of ensuring that everyone involved in the supply chain receives a fair price for their efforts. Thank you to Tesco for their kind donation of Fairtrade chocolate – the children will be sharing this within classes next week. The Fairtrade prefects will also be involved in organising an afternoon tea party to share their knowledge of Fairtrade with members of the Rotary Club, further information to follow



Scholastic books: Please look out for the March Scholastic Book catalogue that your child will have brought home this week. There are spares available at the office, if needed. The catalogue is full of bargain book and present ideas. Purchases are usually sent home with your child but please add a note to your order if you would like to collect the order in person. Please deliver your order form to the office by Friday 8th March. We will receive 25% of any orders to purchase books for school. Thank you for your support.

World Book Day – World Book Day is next week. Please make sure your child has their book day costume ready for Thursday. We are excited to welcome Steyning Book Shop on the Wednesday afternoon as well as Philip Beicken on Thursday afternoon. Books will be on sale so please pop in and have a look. Your child will receive a £1 voucher that can be used as part payment against a book.

Marsden March: Mrs Nicola Doy, a parent at the school, is doing the Marsden March on Sunday 10th March 2019. The Marsden March is a walk between the two hospitals in Chelsea and Sutton. Thousands of people join in every year to walk the 14-mile route. Please support her by donating through:

<https://uk.virginmoneygiving.com/Team/TheWalkandTalkers>



Tesco Bags for Help Year 6 parents have been fundraising for the Big Top and production since September. We have been successful in getting through to the voting round in Tesco Bags of Help promotion which starts today.

Voting will take place from Friday 1st March 2019 to Tuesday 30th April 2019.

To vote, you will need to make a purchase within store of any value. You will receive one token per transaction and it's not necessary to purchase a carrier bag in order to receive a token.

The project with the highest number of votes across the region will receive £4000, the second placed project £2000 and the third placed project £1,000. To re-iterate, if we are first in the vote, we will secure funding for the production both this year and future years too.

Please see below a list of stores taking part in the voting on your project.

2510	BILLINGSHURST EXPRESS	RH14 9SX	Express
5129	PULBOROUGH METRO	RH20 1AS	Metro
3199	STORRINGTON EXPRESS	RH20 4HG	Express

Finally a couple of things to mention

Don't:

- Tamper with the voting unit otherwise your project may be void from the vote
- Influence customers casting their vote at the voting unit.
- Collect Bags of Help tokens from stores that are not within your region to vote for your project

Do:

- Cast your vote as soon as you receive your token for a project in the current voting round

And finally:

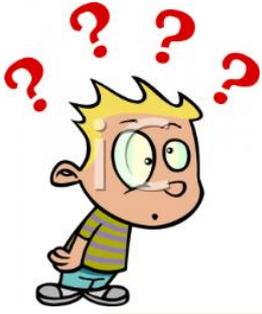
Thank you – I am delighted and thrilled to have been offered the position of Headteacher of St Mary's. I have been overwhelmed with the amount of support that I have received and am looking forward to working with all of you as the Headteacher .

Mrs S Copus

March			
Wed 6th Mar	Ash Wednesday - Eucharist		School Hall
Wed 6th Mar	Steyning Book Shop Sale	3.15pm	School Hall
Thur 7th Mar	World Book Day - Costumes required		
Fri 8th Mar	Tea & Chat - Maths and Literacy	9.00am	Multi Purpose Room
Fri 8th Mar	School Reports / Parents Evening window opens	6.00pm	
Sat 9th Mar	Grounds Working party	9.00am - 1.00pm	
Wed 13th Mar	Ingfield Manor - UK Class	9.30am - 2.15pm	Ingfield Manor
Fri 15th Mar	Non uniform day for Red nose day - Wear Red	All day	
Tue 19th Mar	Parents Evening	3.30pm - 6.30pm	School Hall
Thur 21st Mar	World Poetry Day - Details to follow		
Thur 21st Mar	Parents Evening	6.00pm - 8.30pm	School Hall
Mon 25th Mar	Bikeability week - Year 6		
Wed 27th Mar	Ingfield Manor - Austria Class	9.30am - 2.15pm	Ingfield Manor
Wed 27 th Mar	Tea & Chat - Quality picture books and how to use them at home	9.00am	Multi Purpose Room
Fri 29th Mar	Year 6 Quiz Big Top Fundraiser	3.30pm- 5.30pm	School Hall
Fri 29th Mar	School Clubs Finish		
Sat 30th Mar	PTA Race Night - Details to follow		
Sun 31st Mar	Mothering Sunday Service		St Mary's Church

St. Mary's Year 5/6

BIG QUIZ



Friday 29th March 2019

3.30-5.30pm

Teams of up to 5 players

(year 5, year 6, or mixed)

£1.50 entry fee per quizzier

(including squash!)

Refreshments & snacks available to buy!



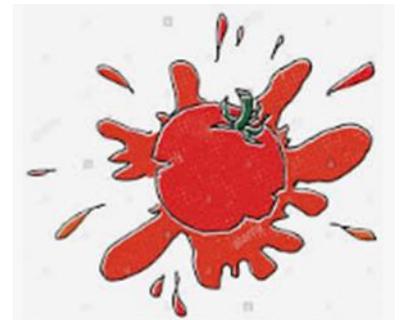
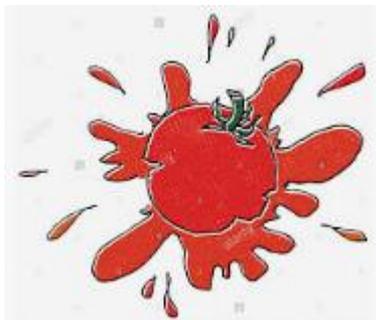
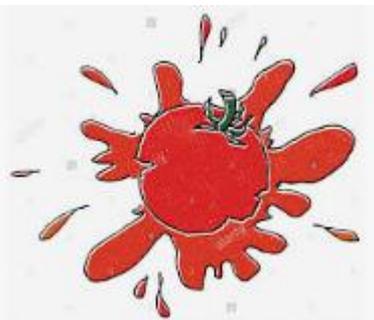
RED NOSE

DAY

Tomato

Competition

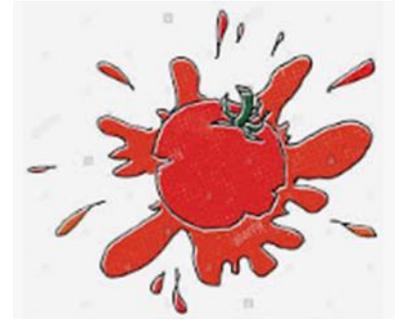
Submit a fun recipe that has tomatoes in it. Winners will have it printed in our own school Red Nose Day Cook Booklet which will then be sold to raise money for Red Nose Day. All entries to be submitted on A4 paper to your class teacher by the 13th March 2019.





RED NOSE DAY

Tomato Competition





ST MARYS SCHOOL, PULBOROUGH

Join us for
**RACE
NIGHT**

Ticket Only
£4 Adult £2 Child

Ticket + Chilli and Rice
£8 Adult £4 Child

SATURDAY 30TH MARCH

All the family welcome.
Doors open from 7pm - First race at 7.30pm

Licensed Bar, with soft drinks and snacks.
Raffle on the night too.

Dear Parents / Carers

RE: GUITAR LESSONS AT SCHOOL

I am writing to you to inform you that I am currently holding weekly guitar lessons at your child's school. This could be the perfect opportunity for your child to learn a new skill and discover a new hobby that could stick with them for life. They will be able to learn and play along with all their favourite artists such as; Ed Sheeran and George Ezra and discover new styles of music they will enjoy.

The study of music could be one of the most valuable steps in your child's education. Research shows that playing an instrument increases brain development in addition to developing responsibility, mental discipline, teamwork and self-esteem. Instrumental classes can also provide enjoyment with the potential to foster a lifelong appreciation of music and other arts.

All that we ask parents to do is:

- Show interest in what your child is studying and give praise and encouragement
- Arrange a regular time for practice — 15 minutes a day is better than longer amounts of time every few days
- Find a quiet place for your child to practice without interruptions
- Help and support practice
- Encourage your child to play for others

If you would like to take up this offer, please fill in the application form which can be found [here](#) along with all of the other supporting information.

Please don't hesitate to get in touch with our admin team if you have any questions, and feel free to email us directly on music@westsussexmusic.co.uk.

F Family
S Support
W Work

THE SUSSEX CHARITY FOR CHILDREN
SINCE 1890

Pulborough After School Club



Fourth Tuesday of every month
3.30 - 5.30 pm

For all pre-school, reception to year 6
children, parents / carers



Crafts Drama Stories Singing Tea

Sessions are fun, friendly & give you time to:

Relax Meet people

Enjoy quality time with your child

Join Becca & the FSW team at:

Becca works for Chichester Diocesan Association for Family Support Work and is the Family Support Practitioner for Rustington



Our next session is on Tuesday:

22nd January

26th February

26th March

Contact: rebecca@familysupportwork.org.uk 07747 481 360

Chichester Diocesan Association for Family Support Work | Charity No 285337 | Company Limited by Guarantee Registered No 1648903 | Registered Office:
Garton House, 22 Stanford Avenue, Brighton BN1 6AA



Tik Tok

TikTok is a global video community where users create, share and discover 'funny and memorable moments' via short video clips – typically about 15 seconds long. Videos can be 'spiced up' with special effect filters, stickers, music and sound clips. Currently one of the world's most popular apps, TikTok was formerly known as Musical.ly, before it was rebranded by the Chinese company that acquired it in November 2017. If your child had previously had a Musical.ly account, all of their videos and personal settings will have automatically been moved to TikTok.



AGE RESTRICTION
13+



What parents need to know about TikTok

ON AIR

BEING INFLUENCED

More than one third of children aged 6-17 consider 'social media stars' to be among their top role models. There are millions of creators on TikTok, showcasing their 'talents, moments and knowledge', from singing to dancing to stunts and comedy skits, which receive thousands of likes and comments from around the world, quickly turning people into 'stars'. There is the danger that children may develop unrealistic expectations of how they should look and behave on the app in order to become the next 'star'. They may have feelings of inadequacy and low self-esteem or become swayed by certain opinions.

INAPPROPRIATE SONG LYRICS

TikTok lets users lip-sync to their favourite songs and produce their own music videos. Some of the music choices contain swear words or sexual themes. So not only can children be exposed to potentially inappropriate content but they can broadcast themselves miming or singing these lyrics.

CONCERNING CONTENT

Some of the outfits and dance moves in videos can be overtly sexual and provocative. There have also been reports of some users sharing concerning content, such as videos that promote anorexia, porn, self-harm and violence.

DANGEROUS TRENDS & CHALLENGES

On TikTok, there are always 'trending challenges' and hashtags that users can copy or build upon, and sometimes, these challenges can pose risks to young people.

STRANGERS CAN FOLLOW YOUR CHILDREN

If your child's profile is open, strangers can use the app to comment on your child's videos. While this isn't always sinister, it gives potential predators the ability to contact your child through the platform.

IN-APP PURCHASES

Of course, as with many apps, there's a paid element to TikTok. Users can buy virtual coins to be exchanged for virtual gifts – for example, if they like a specific video, your child can use coins to purchase emojis to show approval. These can be expensive and easily purchased – there is the option to buy 10,000 coins for £97.99 with a one-click buy button.

ANYONE CAN SEE YOUR CHILD'S CREATIONS

TikTok encourages users to 'share their passion and creative expression through their videos' and while something may seem fun at the time, videos can get in the wrong hands and cause embarrassment in the future. If posted publicly, anyone in the world can see your child's homemade music video and potentially cause bullying within personal friendship groups or even online.



National Online Safety

Top Tips for Parents

TALK ABOUT THE PITFALLS OF OVERSHARING

Encourage your kids to always think before they do, say, like or post anything online, explaining that their 'digital footprint' can shape their online reputation and the way that other people see them. Something they may find funny and entertaining now may impact them in the future. Talk about how to deal with peer pressure and how doing something they think will impress others could affect them.

HANDLING CRITICISM

While it's fantastic to see your child being creative and expressive and bonding with people with similar interests, they need to be aware that not everyone will be supportive online. Comments can be negative or even cruel. Make sure they know how to comment respectfully and handle negative feedback. In the app's Privacy and Safety settings, your child can decide who can react to their videos, who can comment, and who can send them private chat messages. We suggest using these settings so only their friends can interact with their posts.

SIGNING UP WITH THE CORRECT AGE

When signing up to TikTok, you are prompted to input your birth date. If your child inputs their age as 'under 13', the app will not allow them to sign up and will be locked for 24 hours. The app is intended for users aged 13+, so explain that the rating is there for a reason; to keep them protected from online dangers. It is actually possible to watch TikTok videos without even creating an account, so it's important to check if your underage child has downloaded the app to their devices.

USE THE 'DIGITAL WELLBEING' SETTING

If you're concerned about the amount of time your child is spending on TikTok, in the app's setting, you can switch on a feature called Digital Wellbeing. This includes 'Screen Management' to limit the amount of time your child spends on the app.

SET THE ACCOUNT TO PRIVATE

This means that only people who you and your child approve of can see their creations. To make an account private, tap the three dots at the top right of the screen to access settings. Click 'Privacy and Safety'. Scroll down until you find 'Private Account' and turn this setting on.

REPORT INAPPROPRIATE CONTENT

If you or your child see something on TikTok that appears to be inappropriate, they can report content in different ways within the app. They can report an account, video, comment or chat conversation by simply tapping 'Report'. In the app's 'Digital Wellbeing' feature, there is also an 'Enhanced Restricted Mode', which limits the appearance of videos that may not be appropriate for all audiences.

AVOID IDENTIFIABLE OBJECTS

To ensure that there's no way of anyone tracking your child's location or identity, make it clear to them that they should never film a video in their school uniform or near a landmark that gives away where they live.

DISCUSS IN-APP PURCHASES

To lower the risk of your child making accidental in-app purchases, teach them exactly what in-app purchases are and the risks of making them without permission. Tell them that they are not essential to enjoy the app and that if they want to make a purchase, they should always ask you beforehand. In the app's 'Digital Wellbeing' feature, there is the option to disable the function of purchasing coins and sending gifts.

SOURCES: mediapost.com/publications/article/319720/social-media-stars-influence-kids-but-parents-still.html, commonsensemedia.org/blog/parents-ultimate-guide-to-musically/, metro.co.uk/2017/03/17/musical-ly-everything-you-need-to-know-about-the-app-your-children-are-obsessed-with-6516068/, youtube.com/watch?v=aNO6s4CdUs, youtube.com/watch?v=VVGZ1ZQ4JqM, static.muscdn.com/website/pdf/creatorPlaybook.pdf, youtube.com/watch?v=8TaiQQCnTaM, support.musical.ly/knowledge-base/community-guidelines

STORY MAGIC

Join a multi-sensory story time session specially for children and young people with additional needs.

We know all children love multi-sensory stories, so siblings and others are welcome too.

Parents and carers are asked to remain with their child for this activity.

There is no charge for this activity but there is a Donation Box if you would like to make a cash contribution.



WORLD
**BOOK
DAY**

7 MARCH 2019

BOOK-SIGNING with JULIA DONALDSON

to celebrate her new book, '*The Go-Away Bird*'



Thursday 7th March 4-5.30pm

At The Steyning Bookshop, 106 High St, Steyning

www.steyningbookshop.co.uk Tel 01903 812062.

An amazing chance to meet the nation's favourite children's author!

*ADVANCE BOOKING
ESSENTIAL*

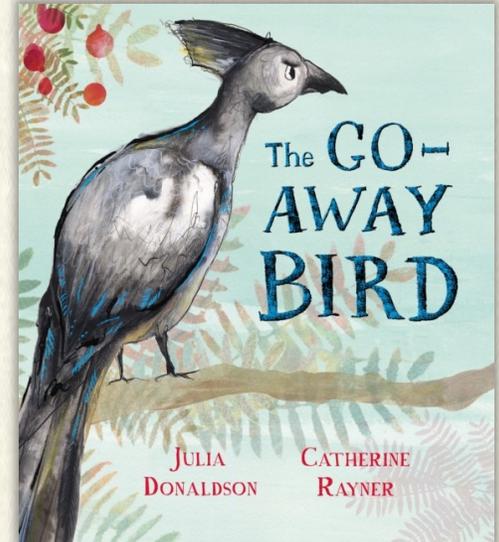
*CALL 01903 812062 TO
BOOK*

*PURCHASE OF 1 BOOK IN
ADVANCE IS YOUR
TICKET.*

*3 SIGNING TIMES- 4PM,
4.30PM AND 5PM.*

*INCLUDES ACTIVITIES &
REFRESHMENTS FOR
CHILDREN*

*NO BOOKS OTHER THAN
THOSE PURCHASED AT
THE STEYNING BOOKSHOP
WILL BE SIGNED.*

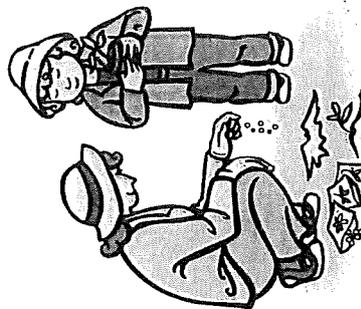


SECTION E. CHILDREN'S SECTION

NOTE: These classes will be divided into three age groups as follows
 a. Under 5 years of age b. 5 to 9 years of age
 c. 10 to 15 years of age

(Exhibits to be no larger than A4)

- 57 A decorated Paper Fan
- 58 A Spring Collage – A4 size
- 59 A Painted Pebble
- 60 Five Muffins
- 61 Decorated Hand or Foot Print
- 62 Draw or paint your Lunch on a Paper Plate
- 63 A piece of Soft Handicraft as in class 54
- 64 A piece of Hard Handicraft as in class 55



**PULBOROUGH GARDEN SOCIETY
 SPRING SHOW ENTRY FORM 6th April, 2019**

All entry forms are to be submitted by 6pm 3rd April,
 to Michael Pioli, 6 Southside, PULBOROUGH, West Sussex
 RH20 2DH

CLASS NUMBERS										
ENTRIES ARE FREE										
Please tick through the Classes you are entering										
1	2	3	4	5	6	7	8	9	10	
11	12	13	14	15	16	17	18	19	20	
21	22	23	24	25	26	27	28	29	30	
31	32	33	34	35	36	37	38	39	40	
41	42	43	44	45	46	47	48	49	50	
51	52	53	54	55	56	57	58	59	60	
61	62	63	64	65	66	67	68	69		

NAME

IF CHILD: AGE YRS MTHS

ADDRESS

PLEASE STAGE ALL ENTRIES ON SATURDAY 6th April
 between 8am & 10am.
 Entries for children can be staged by another person and collected
 after the Show at 4.00pm.

NO late or unregistered entries on day of show can be accepted