





#### "A Christ-centred school with a child-centred curriculum through wisdom and love"

#### Telephone: 01798 872007

The children have been wrapped up warm this week and have enjoyed the cold spell and looking at how the cold weather affects the environment. Thank you to parents for sending them in dressed for the weather.

A reminder that the school day does start promptly at 8.50am so please can I ask parents to ensure sharp time keeping. It is disruptive for classes when children come in late.

#### Reflection - Service 2024 (youtube.com)

Father Paul – Father Paul has been working with Year 3 as part of their RE curriculum. He came and talked to the children about his role in the community and his responsibilities. The children asked some very thoughtful questions about the role that Father Paul does.

Splash Assembly – We welcomed SPLASH on Monday to talk to the school about being a peacemaker. We thought about how we can keep the peace and work to help others. It fitted with our Christian values of humility and service and we looked at The Bible to help reinforce this message.

David Fuller – Author Visit – David Fuller came and spoke to Key Stage Two about being an author. He shared his books and how he writes and where he gets his inspiration from. These books are particularly inspiring for books who find it difficult to find engaging stories.









WB 15th January 2024

Greek Day –The children in South Africa, Japan and Mexico classes held their Greek Day on Wednesday - what amazing outfits, well done to all involved! The children participated in a range of activities to extend their knowledge of Ancient Greek culture. These included Olympic Games, art, exploring Greek myths through storytelling and drama, and learning to read and write words using the Greek alphabet. All of the children also had the opportunity to create some traditional Greek dishes - courgette fritters, halloumi skewers, Greek salad and tzatziki. Many thanks to our parent helpers - Mrs Edge, Ms Reilly, Ms Hutchison and Mrs Howe - your assistance with the cooking was hugely appreciated!















West Sussex County Times – It was lovely to see our Nativity photo in the West Sussex County Times. What a lovely photo of the children to recognise their efforts.



Brinsbury College – thank you! – a big thank you to the staff of Brinsbury College who have donated some little boiler suits for our Early Years and KS1. It is great to be able to pop the children in these to enjoy the great outdoors.

Celebration assemblies - Spring term – These will start at 9am.

Thurs 25<sup>th</sup> Jan – Thailand Thur 1<sup>st</sup> Feb – SA Thur 8<sup>th</sup> Feb – Mexico (large hall) USA (small hall) Thur 22<sup>nd</sup> Feb – Jap Thur 29<sup>th</sup> Feb – UK (small hall) SL (Large hall) Thur 7<sup>th</sup> Mar – NZ Thur 14<sup>th</sup> Mar – Ireland Thur 21<sup>st</sup> Mar – India

Vine leaves – Victoria (USA) for creativity as she gives above and beyond especially in songs of worship. Poppy (SL) for friendship as she is always looking out for others around her. Zac H (SA) for kindness as you have gone above and beyond to help a friend this week. Niamh (SA) for humility as you put others before yourself by acting promptly to resolve a problem during Greek Day. Miller B (Ire) have a vine leaf for compassion. Miller is always looking out for others, is kind to everyone she

meets and when her friends are in need of help she always approaches them with empathy. Macie (Ita) for courage. Macie has had a difficult week but has shown so much courage in her attitude at school and we are very proud of her. Sienna-Jane (Ita) for humility. Sienna showed humility to her friend this week when she let her borrow her spare leggings for PE, even though it meant her legs were a little cold in the hall. Harrison (Ita) - for Wisdom as Harrison showed great wisdom in our class worship this week. He asked Father Paul some very big questions and gave some thoughtful answers to questions! Finley (NZ) - for Kindness as he stepped in a helped a friend in need. Bea (SL) and Isobel (SL) - for friendship as they both are extremely supportive to their peers and they are always helpful, polite and act as fantastic role models in the class. Zara B (Ind) – for courage as she has shown such enthusiasm in starting her new school this week





#### **Dates for your diary – SPRING TERM**

- Mon 22nd Jan Thought-Full Sleep workshop for all parents please complete the Google Form
- (<u>https://forms.gle/CHtLjTKbeuBdX23q6</u>)
- Tues 30th Jan Year 4 Horsham Museum visiting and Egyptian dress up
- Friday 2nd Feb PTA Quiz Night
- Tue 6th Feb KS2 SATs meeting for parents 3.30pm
- Mon 12th Feb Fri 16th Feb HALF TERM
- Tue 20th Feb Film Night for Y5 and Y6 more details to follow
- Tue 27th and Wed 28th Feb EYFS medical checks
- Thur 7th Mar World Book Day Costumes as a book character
- **Tue 19th and Thur 21st Mar** Parents Evening 3.30 6pm these will be back in school with a book look at the same time so please be aware of this.
- Tue 26th Mar Easter Play Y3/Y4 Perform to parents
- Thur 28th Mar Last Day of term Easter Eggstravaganza and Easter Eucharist (Easter bonnet competition)

#### Achievements



# Thank you for your continued support

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

# Top Tips for SETTING UP PARENTAL CONTROLS ON NEW DEVICES

In children's eagerness to start enjoying new digital gadgets immediately, it can be easy to overlook setting up the type of parental controls that can help to protect them online. If you don't sort those out from the very start, it can be an uphill battle – technologically and psychologically – to impose such controls later. Here's our rundown of what to look for when setting up the various internet-enabled devices that might be lurking under the tree at this time of year.

INCORRECT

TRY AGA

PARENT

#### IPHONE

If your child's lucky enough to be getting their own iPhone, parental controls can help avoid issues like screen addiction and unsuitable content. Go into the settings and scroll down to 'Screen Time'. From here you can customise important settings including time limits on using the device, communication restrictions and content blockers. You can also lock your changes behind a passcode.

## ANDROID

With Android devices, Google's Family Link app is your friend. You'll need a Google account – and a separate one for your child, which you should use when first setting up the device. Then, in Family Link on your *own* device, select 'Add Child' and enter their account details. This lets you specify limits on daily usage, restrict certain apps, block particular content and more.

## PLAYSTATION

You can prep for a PlayStation before it's even unwrapped. At my.account.sony.com, create an account, then go to Account Management > Family Management > Add Family Member to set up your child's account, which you'll use to sign in on the console. You can restrict the age ratings of the games they can play and who they can talk to. On the PS5, you can make exceptions for any games you think are acceptable despite their high age rating.

## IPAD

XBOX

iPad parental controls are identical to those on iPhones. However, if you've got a shared family iPad and want to ensure your children aren't seeing anything age-inappropriate after you hand them the device, there's a feature called Guided Access (under Settings > Accessibility > Guided Access). With this switched on, young ones can only use the app that's currently open.

## **NINTENDO SWITCH**

Download the Nintendo Switch Parental Controls app on your phone, and you'll be shown how to link it to the console. Once that's done, you can limit how long your child can play each day, decide what age ratings are permitted and more. You'll also get weekly updates on how often they've used the device. These controls are accessible through the console itself, but the app is usually easier.

## WINDOWS 11 PCS

On Windows 11, account management is key. Set up the device with your own account as the admin. Then go to Settings > Accounts > Family and Other Users and create your child's account (if you've already done this on a previous PC, just log in with those details). Microsoft Family Safety (either the app or the site) then lets you control screen time, what content children can view and more.

# CHROMEBOOKS

#### Chromebooks' parental

controls are managed via the Family Link app. Unlike an Android device, however, you need set up the Chromebook with your own account first, then add your child's. Go to Settings > People > Add Person and input your child's Google account details (or create a new account). Your child can then log in, and you can monitor what they're up to via Family Link.

## MACS

Like iPhones, parental controls for Macs are managed via the Screen Time settings. Again, the crux here is to set yourself up as the administrator before adding any child accounts. In the settings, look for Users & Groups to create your child's account, then – while on their profile – use the screen time options to place any boundaries around apps, usage and who your child can communicate with (and vice versa).

# SMART TVS

The Xbox Family Settings app helps you manage which games your child can play (and when). You'll need to set up the console with your own account and then add a child profile. Make sure your account's password protected, so your child can't alter your choices later. You'll be walked through the functions at setup, but you can also reach them manually via Settings > Account > Family Settings. Smart TVs typically have their own individual parental controls. One of the most popular brands is Samsung – and on their TVs, you can control the content available to your child. In the Settings menu, under 'Broadcasting', you can lock channels and restrict content by its age rating. Even this isn't foolproof, however: some apps (like YouTube) might still let children access unsuitable material.

@national\_online\_safety

## Meet Our Expert

Barry Collins is a technology journalist and editor with more than 20 years' experience of working for titles such as the Sunday Times, Which?, PC Pro and Computeractive. He's appeared regularly as a tech pundit on television and radio, including on BBC Newsnight, Radio 5 Live and the ITV News at Ten. He has two children and writes regularly on the subject of internet safety. The National College Nos National Online Safety® #WakeUpWednesday





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#### NEED TO GET IN TOUCH?

If you have any questions, please email: CAMHSParticipationTeam@spft.nhs.uk

Delivered by Sussex Child & Adolescent Mental Health Services (CAMHS)

DO YOU FEEL LIKE YOU ARE CONSTANTLY CHASING AFTER YOUR CHILDREN OR EVERYONE ELSE?

Do you lead a hectic lifestyle and sense that it's impacting your body?

Take a break and indulge in some much-needed "you" time – you deserve it! Our "Revive and Thrive" sessions are designed to help you relax and rejuvenate. After your session, you'll be ready to tackle your busy schedule with renewed energy and ease.



#### **OUR SESSIONS INCLUDE:**

 Identifying and Understanding Specific Points

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Exploring the Advantages of Massage

Personalised Advice for Long-Term Success

Revive and Thrive: Unwind and Recharge We're here to help you be the best version of yourself. Start prioritising "you" time by booking a complimentary 15-minute consultation with us.



Dynamic Movement Therapy, 85a Lower Street, Pulborough, RH20 2BP



The Paulomine showing 2nd-4th February FRIDAY 2ND: 7:30PM aturday 3rd: 2:30pm | 7:30pm SUNDAY 4TH: 2:30PM Herbert Shiner Hall, Petworth TICKETS: ADULT £10 | CHILD £7 | FAMILY £28 (FAMILY OF 4) **BOX OFFICE: AUSTENS, PETWORTH ONLINE BOX OFFICE: WWW.PETWORTHPLAYERS.CO** Refreshments available